

A Different Perspective
Personality GPS – Which Personality Type Am I? (2)
09-44-5
The Giver (Five o'clock)

Well here we are at the end of the week and if you've been able to join us over the last four days, you'll know that we've been meeting different people on the program to understand the different personality types that Gods created.

Romans chapter 12, the apostle Paul lists the different personality types or motivational giftings as some people call them. And my good friend Keith Henry has done a lot of work in understanding our differences. The point of that is not just to satisfy our natural curiosity about who we are but so that we can understand ourselves and the next guy.

Because when we know who people really are, well we can be a family, we can be a community. We can understand each other and then we know how to love one another.

And to help us with that Keith and I have been interviewing one of the each of the nine different personality types this week. Working our way around the very simple visual clock face of the tool that Keith's developed called Personality GPS. To help us to locate our personality type.

And today we're moving on to 5 o'clock to look at The Giver. Now victim number five on the program this week is a woman by the name of Adele. Now I have to let you in on a little secret. Adele, as well as being a giver, also happens to be Keith's wife so listen you two, no domestics on air because there are a few million people listening, alright?

Keith: Right!

Berni: Keith, welcome to the program again.

Keith: Thanks Berni.

Berni: Adele is at 5 o'clock on the Personality GPS clock face. In this personality type that you've called The Giver in that group from 3 o'clock to 6 o'clock on the clock face. People who experience the world and live their lives more through their emotions than they do necessarily through their mind or their will. Now I need you to tell us, describe to us this giver. How do I know if I'm a giver? How do I know if someone else is a giver?

Keith: Well they come from sensitivity. They're the empathy people but unlike the carer who's sensitive to people's feelings, the giver is sensitive to people's needs.

Berni: Okay, let's say that again. So it's not so much their feelings they're sensitive to but the giver is sensitive to their needs.

Keith: Physical needs. Right. They're also called The Helper because they're always there to do something for you. Physical need or look after you. Think of Mother Theresa for an instance. She would be a Giver.

Berni: It would be just like a husband to liken his wife to Mother Theresa, right? (Both laugh)

Adele: It would.

Keith: Anyway, what they do, they give without expectation. They actually spend 80, 90% of their time looking after their family, looking after their friends, doing things in the community. They spend little time looking after themselves because they're too busy looking after everybody else.

Berni: Okay. So if I know a Giver tell me some of the things that they actually do that lets me identify them.

Keith: Well they find it easier to give than to receive. They're no good at receiving, right.

Berni: Okay.

Keith: They're always giving. They also find it very hard to say no. If somebody asks them, 'Can you do this for me?' They just can't say no, they have to say 'Yes, I'll do it.'

Berni: You got to hang round me Adele; I'm very good at saying no.

Adele: I wish I was.

Keith: And they're very high energy people, fortunately, you know because ...

Berni: They have to be otherwise ...

Keith: Yeah, they're always on the go. They find it hard also to ask for help.

Berni: Okay.

Keith: Right, 'cause they always have to get it done.

Berni: Yeah okay.

Keith: Think of the PA, you know the PA of the Managing Director in an organisation. Often that person is the 'mother' who looks after the Managing Director and is the gate keeper to protect them and look after them and really they run the whole company.

Berni: Absolutely. Okay Adele in a moment I'm going to ask you how you relate to what Keith's been saying. I mean being that she's your wife Keith she could say it's a whole bunch of rubbish.

Keith: She looks after me very well.

Berni: But first up, tell us a bit about yourself. What sort of work have you been involved in? What sort of work?

Adele: I guess I've always been involved in administration work for the last 25 years or so. Keith and I have been in business together. Keith's the one that's out there with all the ideas and doing things and I'm the one that, I actually used to call it the 'dog's body', puts it together. And I guess we've grown together that way. A lot of school admin work. Church admin work. That sort of thing.

Berni: Okay. What are you drawn to in the 'doing' part of your life? What do you like to do?

Adele: I guess I like to get beside somebody, work on a project with them, work on a task. Watching things like that get done. I guess in a family area, is that what you're going to?

Berni: Yeah, yeah.

Adele: Just getting beside them and helping them and making sure they're okay.

Berni: Fascinating. My wife is the same as you, Jacqui has the same gifting. And this morning, before I was coming to the studio I was preparing, I was running late and I said to her, 'Darling can you do something for me? Can you quickly grab me some breakfast, I ate at my desk, and can you iron the shirt that I'm going to wear?'

And it just is as natural as pie, it's not that I ask her to do all the 'dogs body' stuff but I was under pressure, you know, and it's never a case of 'I don't want to do that', she loves doing that.

Adele: Just do it.

Berni: Yeah. Because that's who she is.

Adele: Well now you're getting an insight into your own wife.

Berni: Yeah. Absolutely and it's just fabulous. And interestingly you know Adele, when we got married I realised this about her and I've always had to find something that I can do to serve her regularly so that I express love back to her in a way she understands 'cause I'm not a giver, I'm not a server.

Adele: And she'd appreciate that because I just love it when Keith and I are in the kitchen, you know now that there's only the two of us at home Keith's spending a lot more time in the kitchen with me and it's just great doing things together like that.

Berni: Tell me, what don't you like doing? What's something that you think, 'ooh if I had to do that I'd die'?

Adele: I guess get up in front of a whole group of people ...

Keith: Speak on the radio station.

Adele: Speak on the radio station. I've always found that very hard which has been a challenge but I actually have been able to overcome it, I think with the Lord's help.

Berni: Yeah. And what drives you nuts in other people? What really annoys you in other people?

Adele: When they don't get down and do something.

Berni: Are you at the point where you can understand that other people aren't like you.

Adele: Oh definitely. I think more so going through these programs and understanding people like Keith but I also know my own limitations that there's definitely things I can't do. You know I'm not out there into the big picture like Keith is. I'd rather be just doing it. You know getting down and doing things.

Keith: Behind the scenes.

Adele: Behind the scenes, yeah getting beside people but more on a one to one basis not on a big group basis.

Berni: I think wild horses couldn't drive my wife Jacqui up onto a platform somewhere. I mean there is no way she would come into the studio here. There is no way she'd do that or speak in front of a group of people but she's so good at doing all these 'behind the scene' things.

Adele: That's right.

Berni: So Keith, Adele is again out of central casting as a giver.

Keith: Oh definitely. 100% giver.

Berni: Okay and what do you think her real strong point is?

Keith: Her strong point is looking after people. It's not just doing the task, it's doing the task to bless the person.

Berni: Okay.

Keith: Right.

Berni: Is that the motivation?

Adele: I guess so. Yeah when you see somebody who needs a little bit of help, struggling. I guess especially at the moment now that we've got young grandchildren and your kids are in that time of life where they, it is full on but just to sit and chat and make sure everything was going okay on your own.

Berni: She's an adult, if she needs me she'll call me (all laugh)

Adele: But they don't.

Berni: No they don't.

Adele: They don't always call you.

Berni: Alright, we're out of time. Adele, thanks for joining us and Keith, I'll catch you again tomorrow.

Keith: Thanks Berni.

Adele: Thank you.